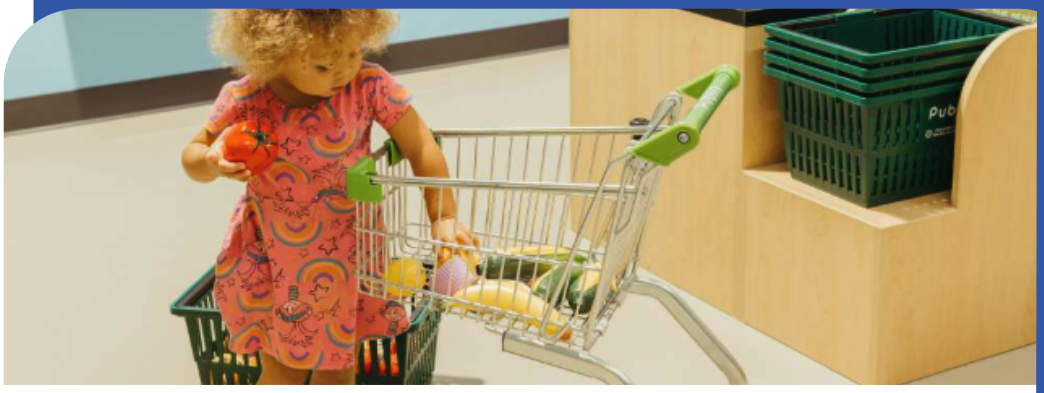
PUBLIX

Field guide for educators

SHOPPING FOR HEALTHY FOODS

SHOP • SORT • SERVE



GRADES K-5

Subject Connections:
Science • Math • ELA
Social Studies

Exhibit Partner

ABOUT THE EXHIBIT

The Publix at INK invites children to role-play as shoppers and employees while practicing Math, language, healthy choices, teamwork, and problem-solving.

ESSENTIAL QUESTION

How does a grocery store help people, families, and communities?

GEORGIA STANDARDS CONNECTIONS

SCIENCE

SKP1, SKL1, S1L1, S2L1, S3L1, S4L1, S5L1
Observation, sorting/classification, living things, food systems, and safe practices.

MATH

K.NR.1.1, K.N R.1.4
K.MDR.7.2
1.NR.1-1.NR.2
2-5: NR/MDR
Counting money. comparing, sorting, measuring, and data.

ELA

K-12.CP.1
K-12.P.CP.2
K- 5 grade-level reading / writing
Collaborating, listening, speaking, presenting, reading signs and lists.

SOCIAL STUDIES

SSKE1-SSKE4, SS1E1-SS1E3, SS2E1-SS2E4, SS3E1, SS4E1, SS5E1
Community roles, goods/services. producers/consumers, money, and economics.

SHOPPING VOCABULARY

SHOPPER – customer choosing items.

CASHIER – employee who helps customers pay.

STOCK CLERK – employee who restocks shelves.

PRODUCE – fresh fruits and vegetables.

DELI – prepared foods and sandwiches.

BAKERY – breads and baked goods.

SHOPPING LIST – list of items to find.

SELF-CHECKOUT – checkout station for shoppers.

STUDENTS WILL...

- Count, sort, compare, weigh grocery items.
- Count and use play-money.
- Read signs, labels, lists on item packaging.
- Learn about food groups.
- Learn about healthy food choices.

GRADES K-5

PUBLIX



SCAVENGER HUNT!

Find these items in the Publix Exhibit!

- ○ The deli counter
- ○ Dairy products
- ○ Frozen food section
- ○ Checkout
- ○ Food group diagram

MUSEUM CHALLENGE

Choose a role: shopper, cashier, stocker, baker, or deli worker. Work with a partner, make choices, and complete the store experience together.

Think like an engineer!



TAKE IT FURTHER
BACK IN THE CLASSROOM

- Make a pretend shopping list and find the items.
- Sort food by color, type or food group
- Pack a shopping bag without crushing
- Create a simple healthy meal or snack

CAREER CONNECTION

- ✓ Cashier
- ✓ Stock Clerk
- ✓ Deli/ Bakery
- ✓ Store Manager
- ✓ Produce specialist

What job would you like to try?

DID YOU KNOW

Publix is known as the largest company in the U.S. that is owned by its employees.

Learn More

THANK YOU

for learning how to shop for healthy foods!

ink®

Interactive Neighborhood for Kids, inc.

LEARN TODAY. LEAD TOMORROW.

inkfun.org

Mon. - Sat. 10:00-5:00, Sun 12:30-5:00
3900 Ink Ave, Oakwood, Georgia 30566
770-536-1900

